

DAVID E CONDON, D.P.M.
HEALTHY FEET FOR AN ACTIVE LIFE
10956 DONNER PASS ROAD #310
TRUCKEE, CA
530 587 7790 FAX 530 5874293

**EXTRACORPOREAL PULSE ACTIVATION TECHNOLOGY aka EPAT
aka EXTRACORPOREAL RADIAL SHOCKWAVE THERAPY**

We are proud to introduce this noninvasive in-office technology to the Truckee and North Tahoe region. We feel this modality will be a valuable adjunct to our customized treatment plans for overuse injuries in general and more specifically; plantar fasciitis and Achilles tendinopathy. We are hoping to make stubborn heel pain a thing of your past. EPAT is used extensively in Europe and Canada, and utilizes a proprietary technology based on a unique set of pressure waves that stimulate regeneration of injured tissue by a process known as angiogenesis and neurogenesis. Research indicates that results are equal to that of surgical outcomes and platelet enriched plasma treatments, while providing the patient with lower cost of service and no recovery downtime or loss from work. This FDA approved technology can treat a broad range of acute and chronic muscle and / or tendon insertion injuries such as Plantar fasciitis, Achilles tendinopathy, shin splints, posterior tibial dysfunction pain, tibialis anterior syndrome and other enthesiopathies (bone and soft connective tissue interface injuries).

Is it safe? This FDA approved technology was developed in Europe and extensive clinical studies have confirmed its safety and efficacy. The device is made by Karl Storz, an industry leader which specializes in operating room and medical instrumentation used throughout the world. Many professional sports and Olympic teams utilize this technology in rehabilitation programs for their injured athletes.

What are the expected results: Studies indicate successful outcomes (pain free or and significant reduction in pain.) in 80 percent of the cases. In some cases, pain relief is immediate after treatment, however you should expect maximal results 4-6 weeks after treatment. You can expect to resume regular activities 24-48 hours after treatment. Gradual introduction to more specific, provocative activities will be implemented as the course of treatment progresses. Typically, 3-5 treatment sessions are required and these are typically less than 15 minutes long. Some mild discomfort may be experienced during and immediately after treatment.

Benefits of EPAT:

Patients are immediately full weight bearing with no loss of work

Time efficient, safe and effective, noninvasive treatments performed in our office

No incision – no risk of infection or scar formation, no cast boot required.

Does not require anesthesia (in most cases)

Cost effective when compared to surgical and PRP treatments, as well as insurance plans with large deductibles and large co-pays

Cost: Insurance does not cover EPAT therapy, however the treatment has been covered by Health Savings Accounts or flexible spending plans. The cost is sometimes lower than a typical co-pay. Prior to any EPAT treatments, Dr. Condon will perform an injury specific examination and history to decide if EPAT might be helpful in treating your injury, (this exam is typically billed to your insurance.)

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EXTRACORPREAL PULSE ACTIVATION THERAPY (EPAT) FEE SCHEDULE

treatments are performed in our Truckee office, 10956 Donner Pass Road #310

3 SESSIONS FOR ONE ANATOMICAL LOCATION: (prepaid)	\$225
additional anatomical location, or additional treatments over 3 add, each	\$ 50
PAY AS YOU GO, per treatment , first 3	\$ 85

Treatments are scheduled for 15 minutes. Any additional evaluation and management services may require an additional appointment.

To provide the most effective and safe treatment we ask that:

- You do not take any NSAID medication (ex: Aleve, Ibuprofen, Aspirin) one week prior your first session and 2 weeks after your last session: If you need pain relief, consider Acetaminophen 500 mg tabs, one or two tabs every 6 hours (not to exceed 8 tablets in a 24 hour period) .
- You have not undergone cortisone injection to the area of treatment within 6 weeks.
- You tell the doctor whether you are taking any anti coagulation medications or are actively being treated for cancer or have a pacemaker.

Post treatment sessions:

Avoid going barefoot, or using slippers, or flip flops. Wear any therapeutic foot wear or devices as directed by Dr. Condon. Wear compression garments as directed, if indicated. Avoid any ballistic, running, or prolonged walking activities while undergoing treatments or until cleared by Dr. Condon. A more defined post treatment plan will be given after your first treatment session.

A follow up office visit should be made 2-3 weeks after your last treatment session. (this will be billed to your insurance)

Date and time of

1st session _____

2nd session _____

3rd session _____

MORE INFORMATION CAN BE DISCOVERED ON OUR WEB SITE: truckeetahopodiatry.com
or <http://www.curamedix.com/epat-shockwave-therapy-pain-relief/>